



# Sweet and Pungent Vegetables

1 Pound vegetables  
2 to 3 Tbsp. sugar  
3 Tbsp. vinegar  
1 Tbsp. soy sauce  
1/2 Tsp. salt  
1 Tbsp. cornstarch  
2 Tbsp. water  
2 Tbsp oil

- 1) Combine sugar, vinegar, soy sauce and salt. In a second bowl, blend cornstarch and water to a paste.
- 2) Heat oil, add vegetables and stir-fry until half done.
- 3) Add sugar-vinegar mixture; stir-fry 2 minutes more.
- 4) Add cornstarch paste to thicken and serve immediately.

